

LIFE LESSONS FROM LUCKY

Friday, 10:00 – 11:30 (One-day Class, 11/15) in Room 30	Tuition \$12
Saturday, 10:30 – 12:00 (1 Class 10/26) in Room 30	Tuition \$12

Lessons from a dog? Yes! Our pets can teach us a lot! Come and learn Nancy's best counseling advice she gave as a school psychologist for over 30 years. Using lessons learned from Lucky, Nancy will share her "best kept secrets" to help you and your family members with the following:

- * how to remember the power and importance of our hands
- * how to fight anxiety
- * how to handle perfectionism
- * how to become more self-motivated and responsible
- * how to keep alive the memory of loved ones who have died
- * how to experience joy and "live in the now!"
- * how to recognize the most important quality of a real friend
- * how to use the best listening technique ever
- * how to stay calm and recognize what are temporary vs. real problems in life
- * how to have more patience and follow the Lucky Lessons

These practical techniques can be used immediately to help you, your children and grandchildren live more abundantly! Great techniques for teachers too!

Nancy Starewicz is a school psychologist who has worked with students and families for over 30 years. She was born and raised in Alexandria, Minnesota. She attended Valparaiso University and Loyola University, earning her BA and M.Ed. degrees in Educational Psychology. In 1990, she was named Outstanding School Psychologist for the state of Indiana. She taught Psychology of Learning at Purdue University for seven years. She is married to Doug, a retired educator and coach. They have three adult children and two grandchildren. Since retiring from her full-time job in 2008, Nancy has written eight books about her Wheaten Terrier Lucky, and they have visited thousands of students in Indiana, Minnesota, and Florida. During their interactive programs, students, teachers, and parents hear about Lucky and see her demonstrate her "good behaviors!" All the Lucky books have universal messages for all ages emphasizing empathy, listening, trust, being thankful, and friendship. Nancy says she writes her books about important life lessons she has learned from Lucky.